# PRODUCT DATA SHEET PYRIDOXAL 5'-PHOSPHATE

# **DESCRIPTION** Dietary Supplement

# Pyridoxal 5'- Phosphate

Supplement Facts Serving Size: One Capsule Servings Per Container: 60		
Each Capsule Contains:		% DV
Vitamin B6 (as Pyridoxal 5'- Phosphate)	33.8 mg.	1690%
Daily Value (DV)		

Other Ingredients: Magnesium Citrate,<sup>†</sup> Hypromellose (derived from cellulose) capsule, Leucine,<sup>†</sup> Silicon Dioxide.<sup>†</sup> <sup>†</sup>A hypoallergenic ingredient used to fill space.

#### B116 / 60 Vegetarian Capsules B126 / 180 Vegetarian Capsules

# **EXCIPIENT FREE**

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

#### **HOW SUPPLIED**

Pyridoxal 5'-Phosphate is supplied in bottles of 60 or 180 two-piece vegetarian capsules. Packed 12 bottles per case.

# **CONTRAINDICATIONS AND WARNINGS**

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

Reports of neuropathy associated with high doses of pyridoxine (500 mg/day for two years) have been reported; however, there are no known incidences of neuropathy with use of Pyridoxal 5'-Phosphate.

# **INTERACTIONS**

Pyridoxine has been shown to benefit Parkinsons's disease when used concurrently with levodopa and carbidopa. However, pyridoxine can reduce the efficacy of Parkinson's treatment if levodopa is not combined with carbidopa.

#### **PREGNANCY WARNING**

Note: Greater then 50 mg/day can supress lactation. A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

#### DOSAGE

Adult patients: 1-2 capsules twice daily, or as otherwise directed by a health-care practitioner.

#### **STORAGE**

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

#### **MANUFACTURED BY**

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